





# May 2024

## Monthly Event & Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Ladies League Play Day, 9:00am Prime Rib Night, 5:00pm	3 Yappy Hour , 5:00pm 	4
5  Cinco de Mayo Scramble, 3:00pm	6	7 Kayak Skills Course, Base Camp, 8:00am-10:00am Trivia Night, 5:30pm	8 Nature Talk Campfire, Base Camp, 7:30pm	9 Ladies League Clinic & Play Day, 9:00am Prime Rib Night, 5:00pm	10	11 Titleist Fitting Day, 10:00am Bicycle Beer Flight, 2:00pm
12 Mother's Day Brunch, TBD 	13	14	15 Preserve Owl Prowl, Base Camp, 7:30pm	16 Ladies League Guest Play Day, 9:00am Prime Rib Night, 5:00pm	17 Guided Kayak Experience: Advanced Tour, Base Camp, 4:30pm-6:30pm Member Clinic , 5:00pm	18 Spring Member Member, 9:00am
19 Member Mixer Scramble, 3:00pm Guided Kayak Experience: Beginner Tour, Base Camp, 5:00pm-7:00pm	20 Folds of Honor Golf Tournament , 9:00am Plein Air Painting, Base Camp, 2:00pm - 4:00pm	21	22 Nature Talk Campfire, Base Camp, 7:30pm	23 Ladies League Fun Tournament Day, 9:00am Callaway Fitting Day, 2:00pm Prime Rib Night, 5:00pm	24	25 Memorial Day Bash, 12:00pm - 3:00pm
26	27 Guided Kayak Experience: Beginner Tour, Base Camp, 11:00am-1:00pm 	28 Music Bingo, 5:30pm	29 Preserve Owl Prowl, Base Camp, 7:30pm	30 Prime Rib Night, 5:00pm Guided Kayak Experience: Advanced Tour, Base Camp, 2:00pm-4:00pm	31 Tree of Life , 5:00pm 	1 Clean the Bay Day, 9:00am-12:00pm
<p>Nature Cache Hunt (February - June) Bundle up and grab your orienteering gear for this property-wide adventure. Six Caches are hidden around the property for you to seek out. Use your orienteering gear, phone, or GPS to navigate to the coordinates below. At each Cache, you'll have to solve an earth-centric riddle and sign the log before moving on to the next. Once you've solved all the riddles and signed all the logbooks, you will receive a unique commemorative prize! Please observe all traffic and parking rules on your journey. Need some help getting started? Email Ranger Stan at <a href="mailto:sosmolenski@baycreeklife.com">sosmolenski@baycreeklife.com</a> for helpful hints.</p> <p>Bamboo: 37.25684 // -76.01530   Beach: 37.24932 // -76.02220   Entrance Tr. 37.26087 // -76.00245   Plantation Pt. 37.25771 \\ -75.99753   Big Preserve Loop 37.24071 // -76.00653</p>						

**\*\*All events, classes and hours are subject to change due to weather and other unforeseen circumstances. Updates for any changes will be in the Bay Creek app, as well as sent out via email.\*\***

### Hours of Operation

**Life Center**  
757-331-8730

Mon - Fri 6:30am - 8pm  
Sat - Sun 7am - 8pm

**Coach House Tavern**  
757-331-8630

Hours have been modified due to construction.

Mon - Closed  
Tues - 10am - 5pm  
Wed - 10am - 5pm  
Thurs 10am - 8pm (Prime Rib Buffet Night)  
Fri 9am - 9pm (Food Service stops at 8pm)  
Sat 9am -9pm (Food Service stops at 8pm)  
Sunday 9am - 5pm

**Pro Shop**  
757-331-8620

Sun - Thurs - 7:30am - 8pm  
Fri & Sat - 7:30am - 7pm



# May 2024

## Life Center Monthly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	2 Tabata - 7am Step Aerobics - 10:30am Pilates - 11:00am	3 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am	4 Step Aerobics - 9am Tabata- 10am
5	6 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Tabata - 10am	7 Spin - 6:30 am Tai-Chi - 8:30 am Upper Body Core - 10:30 am	8 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	9 Tabata - 7am Step Aerobics - 10:30am Pilates - 11:00am	10 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am	11 Step Aerobics - 9am Tabata- 10am
12	13 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Tabata - 10am	14 Spin - 6:30 am Tai-Chi - 8:30 am Upper Body Core - 10:30 am	15 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	16 Tabata - 7am Step Aerobics - 10:30am Pilates - 10:30am	17 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am	18 Step Aerobics - 9am Tabata- 10am
19	20 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Tabata - 10am	21 Spin - 6:30 am Tai-Chi - 8:30 am Upper Body Core - 10:30 am	22 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	23 Tabata - 7am Step Aerobics - 10:30am Pilates - 10:30am	24 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am	25 Step Aerobics - 9am Tabata- 10am
26	27 Spin & Strengthen: Ride, Tone, and Restore - 7:30am Full Body Stretch - 9am Tabata - 10am	28 Spin - 6:30 am Tai-Chi - 8:30 am Upper Body Core - 10:30 am	29 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	30 Tabata - 7am Step Aerobics - 10:30am Pilates - 10:30am	31 Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am	

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