

July 2024

Monthly Event & Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Plant ID Hike, Base Camp, 9:00am Trivia Night, Coach House Tavern, 5:30pm Family Bingo, Life Center, 6:00pm	3 Nature Talk Campfire, Base Camp, 7:30pm Outdoor Movie, Life Center, 8:30pm	4 Ladies League Play Day, 9:00am 	5 Golf Cart Parade, Life Center, 6:00pm Yappy Hour, 5:00pm 	6 Kayak Experience: Advance Tour, Base Camp, 9:00am Patriotic Pool Bash, Life Center, 12:00pm Glow Putt, 8:45pm
7 Nature Talk Campfire, Base Camp, 7:30pm Member Mixer Scramble, 3:00pm Outdoor Movie, <i>Jaws</i> , Life Center, 8:30pm	8	9 Plant ID Hike, Base Camp, 5:30pm Family Bingo, Life Center, 6:00pm	10 Forest Bathing, Base Camp, 9:00am Preserve Owl Prowl, Base Camp, 8:00pm Outdoor Movie, Life Center, 8:30pm	11 Ladies League Putting Clinic and Play Day, 9:00am Kayak Experience: Beginner Tour, Base Camp, 1:30pm	12 Kayak Skills Course, Base Camp, 1:00pm Member Clinic, 5:00pm	13 Club Championship, Day 1, 9:00am
14 Club Championship, Day 2, 9:00am Outdoor Movie, Life Center, 8:30pm	15	16 Family Bingo, Life Center, 6:00pm	17 Outdoor Movie, Life Center, 8:30pm	18 Ladies League Guest Play Day, 9:00am	19 Nature Talk Campfire, Base Camp, 7:30pm	20 Bicycle Beer Flight, 2:00pm
	Youth Summer Camp - Week 1					
21 Kayak Experience: Advance Tour, Base Camp, 9:30am Member Mixer Scramble, 3:00pm Outdoor Movie, Life Center, 8:30pm	22 Ladies Invitational, 9:00am Plein Air Painting, Base Camp, 2:00pm	23 Family Bingo, Life Center, 6:00pm	24 Outdoor Movie, Life Center, 8:30pm	25 Ladies League Fun Tournament Day, 9:00am Outdoor Movie, <i>Jaws</i> , 8:30pm	26	27 Member Social, The Chesapeake Hall, 5:00pm
28 Sunday Scramble, 3:00pm Outdoor Movie, Life Center, 8:30pm	29	30 Music Bingo, 5:30pm Family Bingo, Life Center, 6:00pm	31 Outdoor Movie, Life Center, 8:30pm			
	Youth Summer Camp - Week 2					

All events, classes and hours are subject to change due to weather and other unforeseen circumstances. Updates for any changes will be in the Bay Creek app, as well as sent out via email.

Hours of Operation

Life Center
757-331-8730

Mon - Fri 6:30am - 8pm
Sat - Sun 7am - 8pm

Coach House Tavern
757-331-8630

Hours have been modified due to construction.

Mon - Closed
Tues - 10am - 7pm
Wed - 10am - 7pm
Thurs - 10am - 8pm
Fri - 9am - 9pm (Food Service stops at 8pm)
Sat - 9am - 9pm (Food Service stops at 8pm)
Sunday - 9am - 7pm

Pro Shop
757-331-8620

Mon - Sun - 7am - 6pm



July 2024

Life Center Monthly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Spin & Strengthen - 7:30am Full Body Stretch - 9am Tabata - 10am	2 Spin - 6:30 am Tai-Chi - 8:30 am Water Aerobics - 10:30 am	3 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	4 No Classes 	5 Spin & Strengthen - 7:30am	6
7	8 Spin & Strengthen - 7:30am Full Body Stretch - 9am Tabata - 10am	9 Spin - 6:30 am Tai-Chi - 8:30 am Water Aerobics - 10:30 am	10 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	11 Water Aerobics - 10:30am Spin - 6:00pm	12 Spin & Strengthen - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Water Aerobics - 11:30am	13
14	15 Spin & Strengthen - 7:30am Full Body Stretch - 9am Tabata - 10am	16 Spin - 6:30 am Tai-Chi - 8:30 am Water Aerobics - 10:30 am	17 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	18 Water Aerobics - 10:30am Spin - 6:00pm	19 Spin & Strengthen - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Water Aerobics - 11:30am	20
21	22 Spin & Strengthen - 7:30am Full Body Stretch - 9am Tabata - 10am	23 Spin - 6:30 am Tai-Chi - 8:30 am Water Aerobics - 10:30 am	24 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	25 Water Aerobics - 10:30am Spin - 6:00pm	26 Spin & Strengthen - 7:30am Full Body Stretch - 9am Basic Mat Pilates - 10am Water Aerobics - 11:30am	27
28	29 Spin & Strengthen - 7:30am Full Body Stretch - 9am Tabata - 10am	30 Spin - 6:30 am Tai-Chi - 8:30 am Water Aerobics - 10:30 am	31 Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am			

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